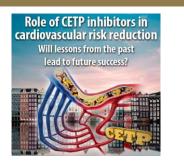
## Unmet needs in lowering LDL-c: barriers to goal attainment and need for new targets

Stephen Nicholls, MD Melbourne, Australia

Role of CETP inhibitors in cardiovascular risk reduction - Will lessons from the past lead to future success?



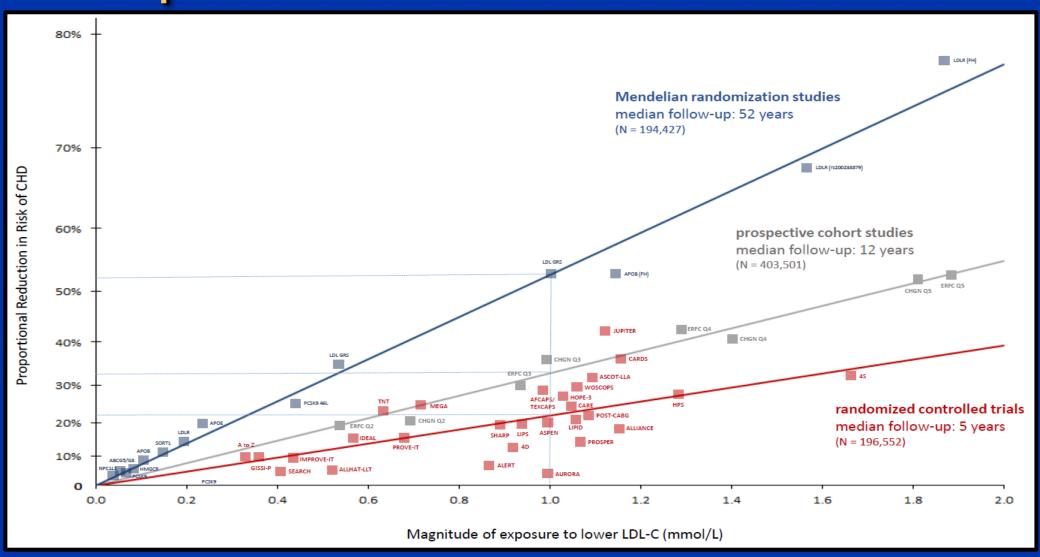


#### Disclosures

 Research support: AstraZeneca, Amgen, Anthera, Eli Lilly, Esperion, Novartis, Cerenis, The Medicines Company, Resverlogix, InfraReDx, Roche, Sanofi-Regeneron and LipoScience

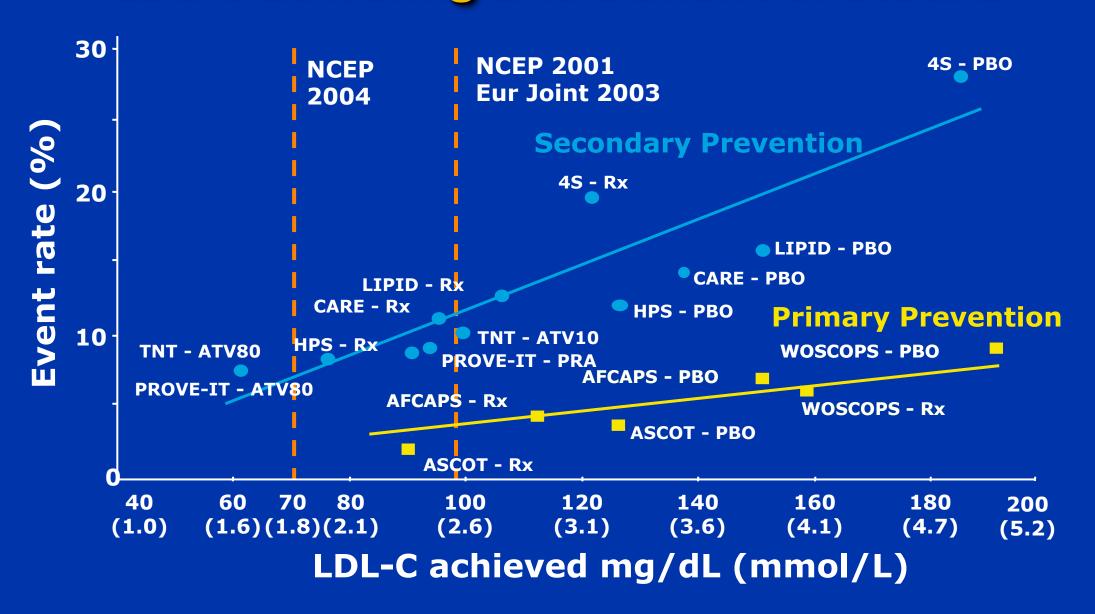
 Consulting and honoraria: AstraZeneca, Akcea, Eli Lilly, Anthera, Omthera, Merck, Takeda, Resverlogix, Sanofi-Regeneron, CSL Behring, Esperion, Boehringer Ingelheim

# Genetic Benefits of Early Exposure to Lower LDL-C Levels

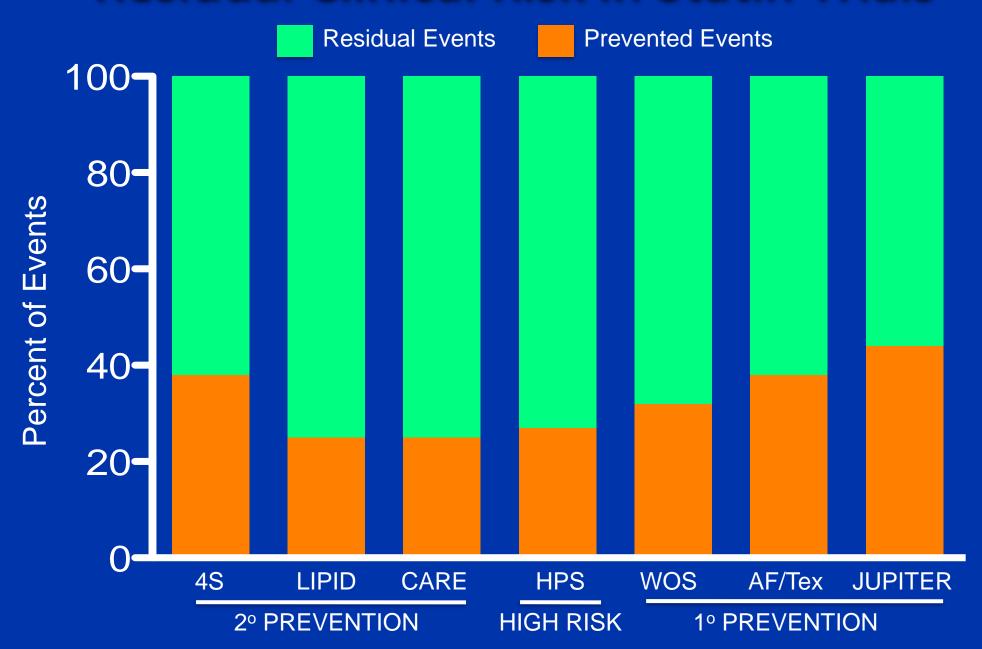


Ference, Nicholls et al. Eur Heart J 2017;38:2459-72.

### LDL-C Lowering and Benefit of Statins



#### Residual Clinical Risk in Statin Trials



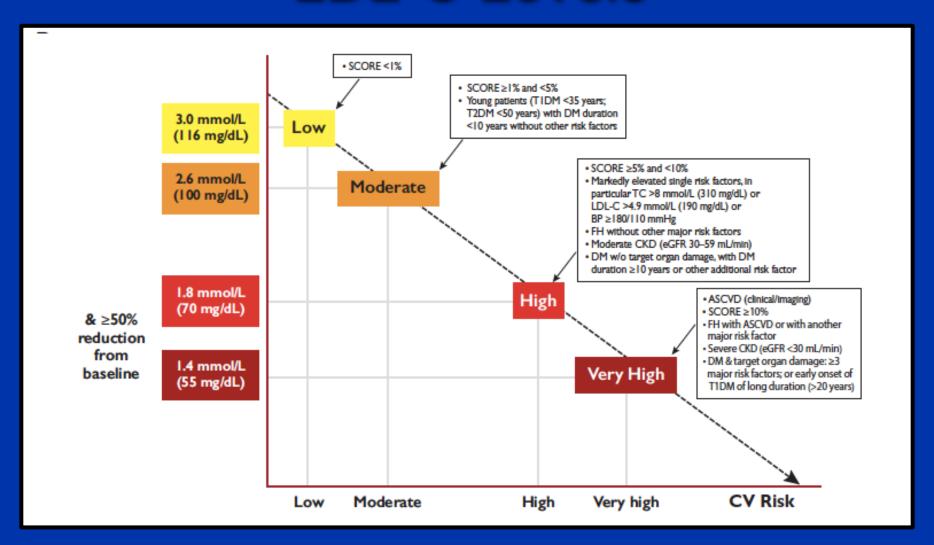
#### Outcomes: Non-Statin LDL-C Lowering Therapies

	3-Component MACE	Nonfatal MI
IMPROVE-IT Ezetimibe	0.90	0.87
FOURIER Evolocumab	0.80	0.73†
ODYSSEY Outcomes Alirocumab	0.86*	0.86
CLEAR Outcomes Bempedoic Acid	0.85	0.73

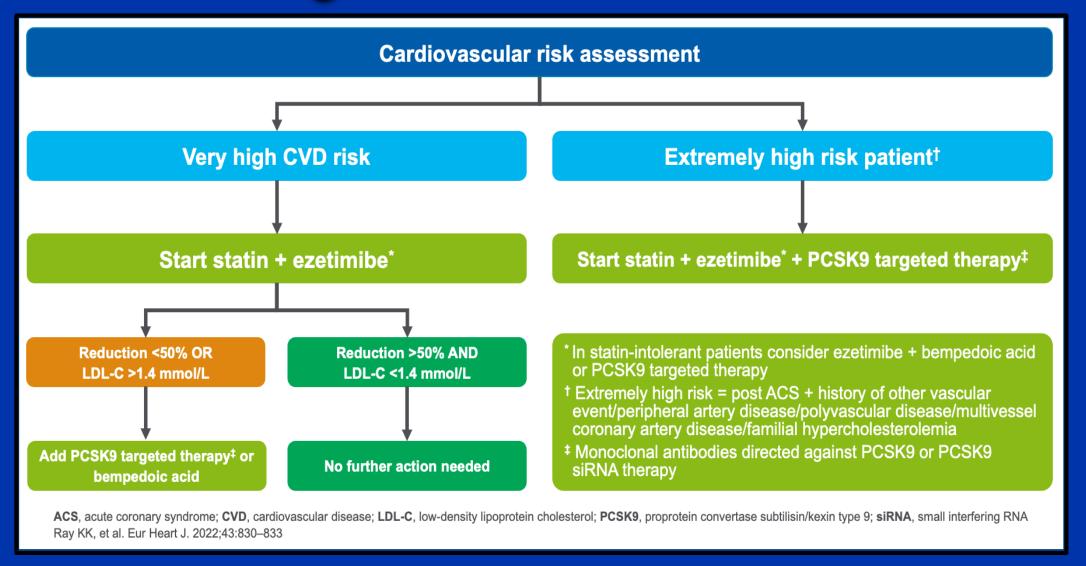
<sup>\*</sup>Trial used all-cause mortality rather than CV death

†Fatal and nonfatal MI

## High Risk Patients Need Very Low LDL-C Levels



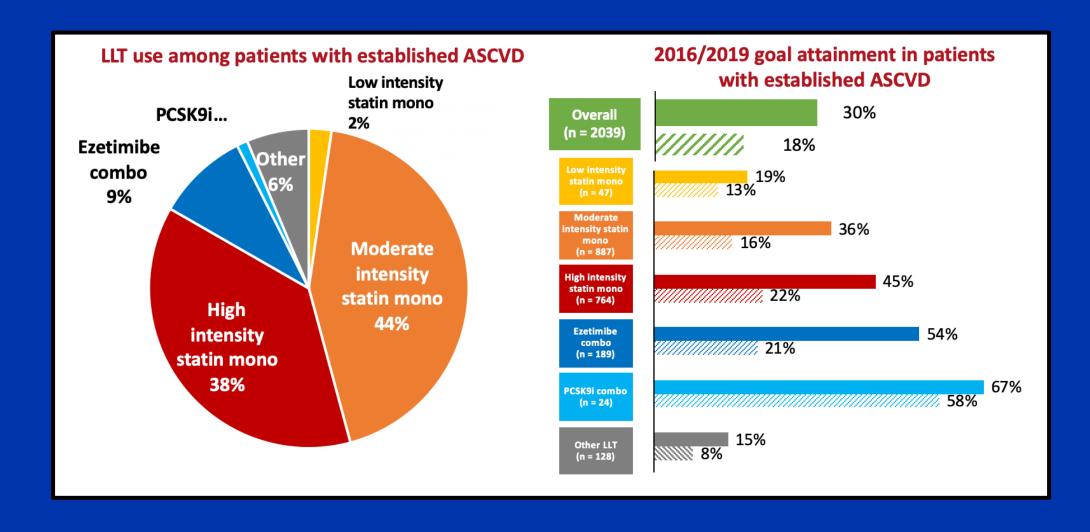
# Integration of Combination of Lipid Lowering in Treatment Guidelines



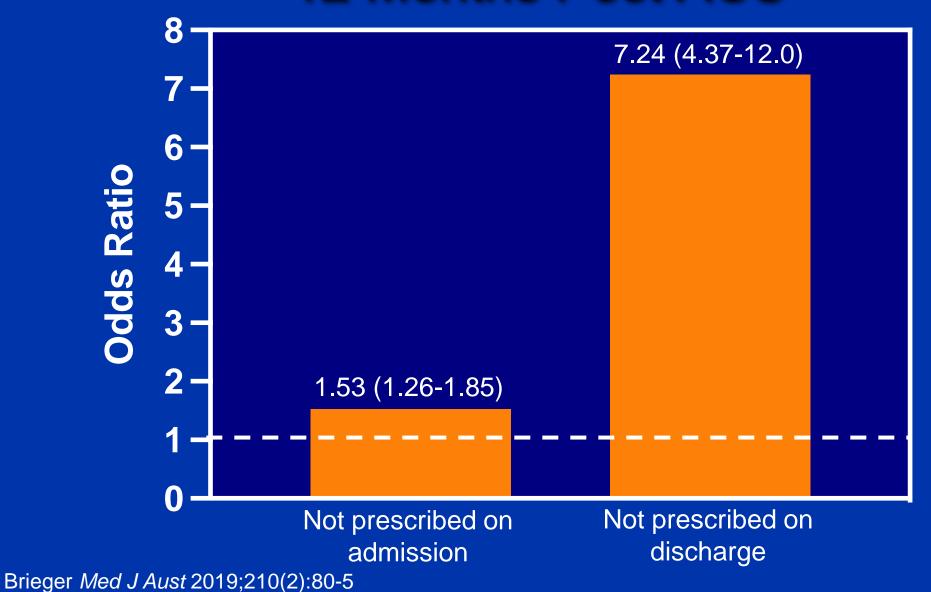
### Intensity of Lipid Lowering Treatment

Treatment	LDL-C Reduction
Moderate intensity statin	~30%
Ezetimibe + bempedoic acid	~45%
High intensity statin	~50%
High intensity statin + ezetimibe	~65%
Moderate statin + ezetimibe + bempedoic acid	~65%
PCSK9 inhibitor	~60%
PCSK9 inhibitor + high intensity statin	~75%
PCSK9 inhibitor + high intensity statin + ezetimibe	~85%

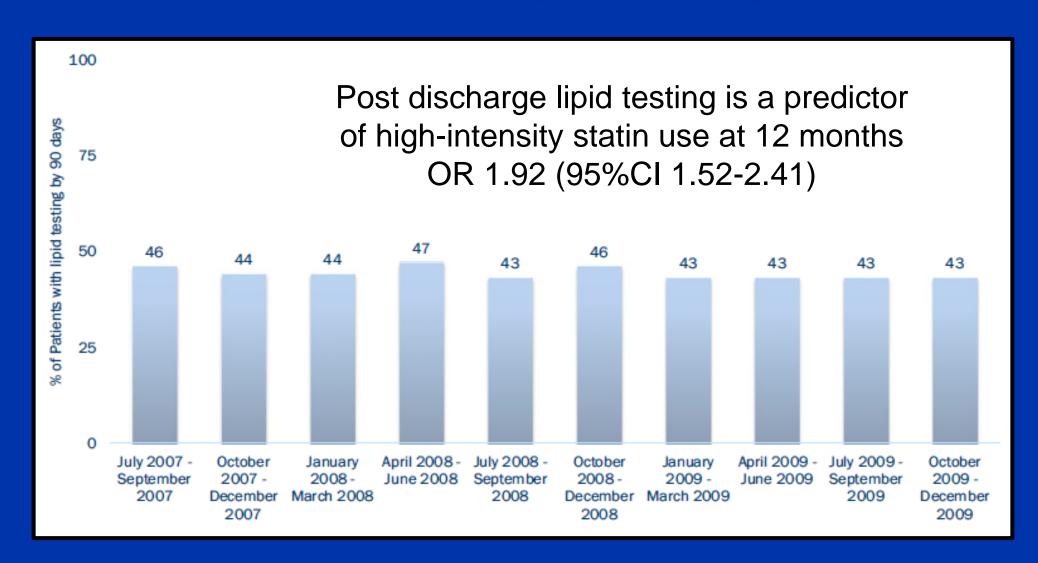
## Lipid Lowering Therapy and LDL-C Goal Attainment in Patients with ASCVD



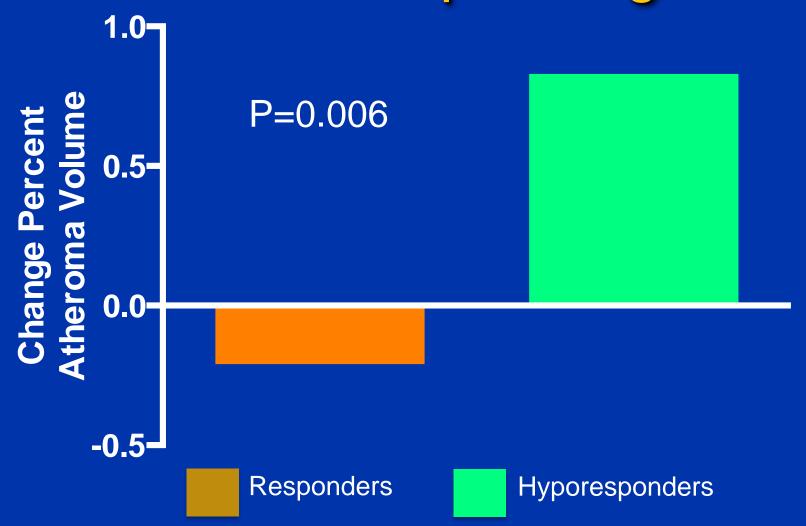
## Predictors of Intensive Lipid Lowering Use 12 Months Post ACS



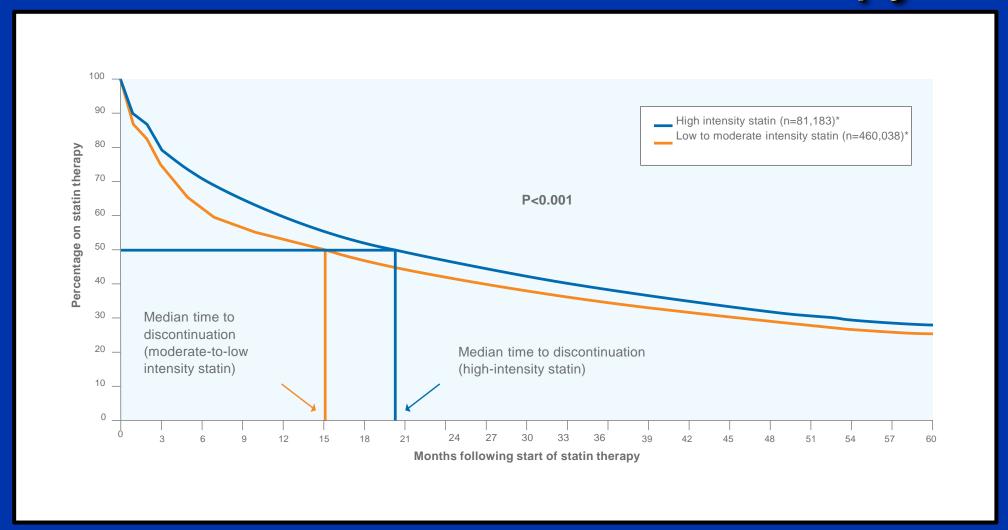
### We Don't Follow up with Lipid Tests



# Suboptimal LDL Response to Statins Associate with Plaque Progression



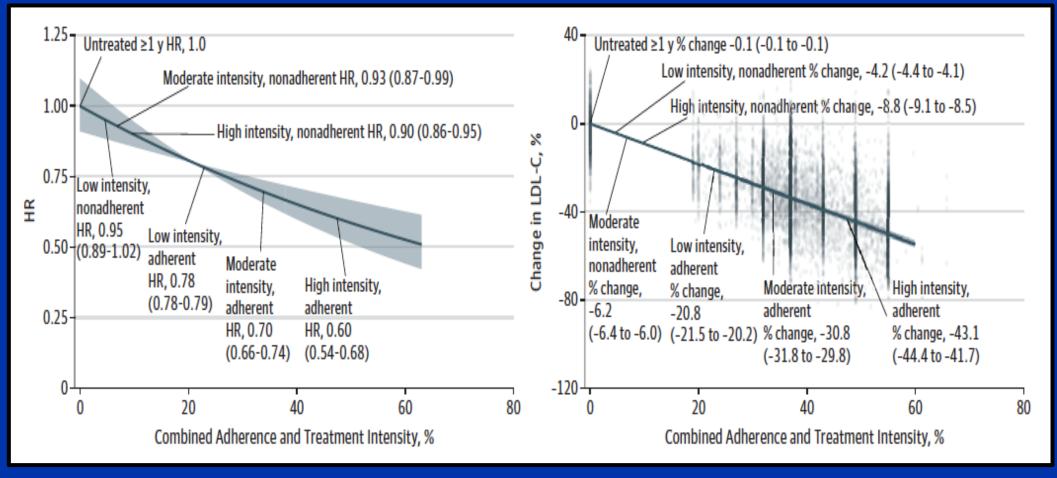
# Suboptimal Adherence and Persistence with Statin Therapy



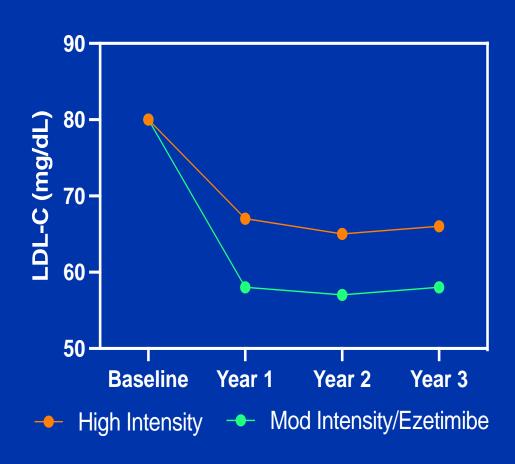
# Adherence and Treatment Intensity Influence Outcomes

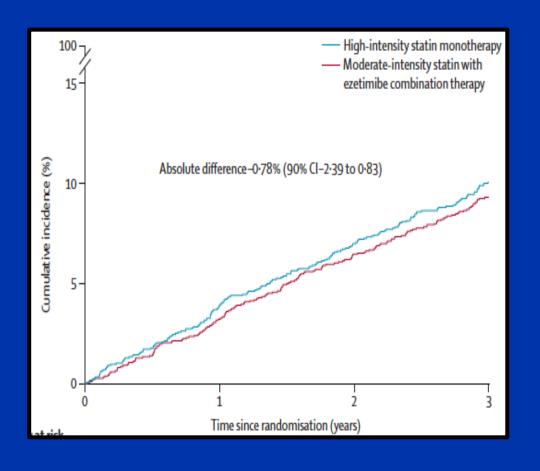
Cardiovascular Risk

Change in LDL-C



# How About Combination Therapy with Lower Intensity Statins?





### Summary

 LDL cholesterol plays a causal role in atherosclerotic cardiovascular disease

 Intensive lipid lowering produces greater reductions in cardiovascular risk in clinical trials

 Guidelines emphasize the role of combination lipid lowering therapy in high-risk patients

 Barriers limit prescription and adherence to lipid lowering therapy in cardiovascular prevention